

Your Support System



The
Orthotic
Group

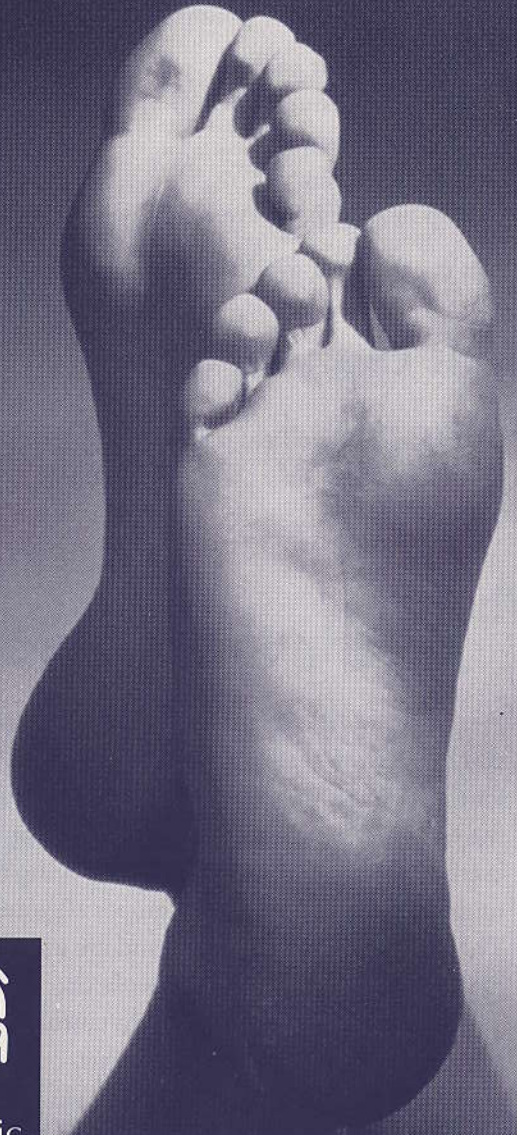
A service of: The Orthotic Group Inc. 1985



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Are you a candidate for ORTHOTICS?



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Supporting you all the way

The structure of your foot supports your entire weight. The slightest misalignment of muscles and bones can cause many different problems.

The symptoms of faulty foot mechanics may begin with any of the following:

- 1 localized foot pain
- 2 bunions, hammer toes
- 3 arch, heel pain
- 4 leg, knee pain
- 5 hip or back pain, even neck pain;

You can hurt all over!

What can you do?

Your **Health Care Professional** can prescribe foot orthotics to help correct your specific body imbalance.

What are prescription orthotics?

Prescription orthotics are medical appliances that are custom made to correct your specific foot imbalance. Orthotics work on the feet in the same way braces work on the teeth—by exerting gentle consistent pressure to bring foot muscles and bones back into proper alignment. They fit comfortably in shoes and are usually made of flexible molded thermoplastic. The devices are always made from custom precise impressions taken of your feet.

How do orthotics help?

Your feet are the foundation of your entire body. They do an incredible amount of work each day. The smallest imbalance can cause a great deal of discomfort, but properly fitted prescription orthotics help restore the normal balance and alignment of your body and bring relief from fatigue and pain. Orthotics are so comfortable, and help your feet work so naturally that you will want to wear them as much as possible.

The wearing of orthotics

In your shoes your feet rest comfortably on the orthotics. Your feet are gently and consistently forced into the correct functioning position for walking, running and standing. Pressure points, improper rotation of the foot, painful muscle strain, and abnormal forces on the legs, hips and spine are eliminated because orthotics enable your feet to function properly.

